

PIKE COUNTY

HEALTH AND WELLNESS PROMOTION EVENT

HEALTH AND WELLNESS INFO
SESSION WITH RESOURCES AND
A FREE COMMUNITY YOGA CLASS

TUESDAY MARCH 26TH, 5:30 PM - 6:30 PM

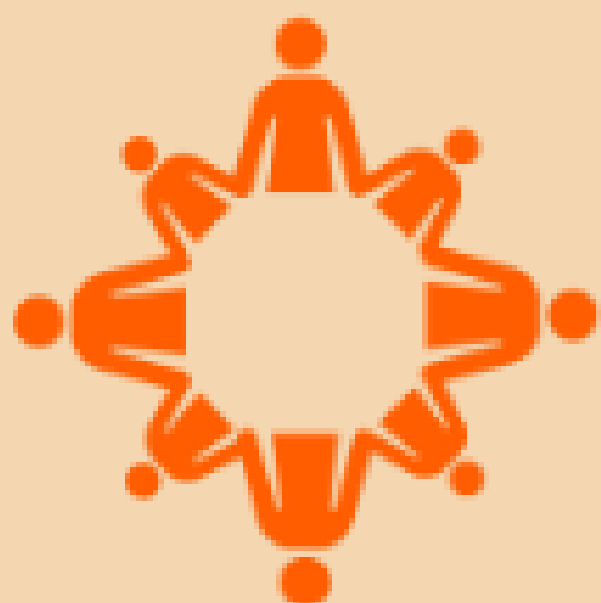
J. JOEL EDWARDS PUBLIC LIBRARY

7077 US-19, ZEBULON, GA 30295

NO YOGA EXPERIENCE REQUIRED!



THE FIRST DOZEN YOGA MATS WILL BE PROVIDED!



**HEALTH EQUITY
NAVIGATOR PROGRAM**
AT MERCER UNIVERSITY SCHOOL OF MEDICINE

Yoga
at Planet Bliss